

GRATITUDE REPORT

2018

The year in which we began to write the story of CESTA VON for children born into poverty

way
out



The Omama Project 2018

3 managers



11 experts



3 mentors



4 Omamas



69 children
ages 0 - 4



1 individual lesson done
by an Omama once
a week for 1 child with
their mother present



1 parents club once
a month on the topics
of child development
and poverty alleviation



10 training days
for Omamas
+ supervision



*Every mother wants
the best for her
children. I can see
now that my son
Jordan will be much
better equipped
for school.*



Lenka,
a mother
from
Zborov

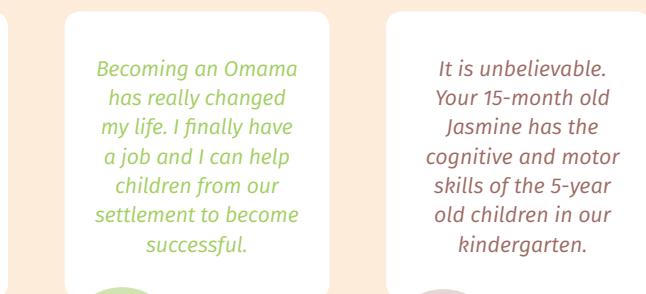
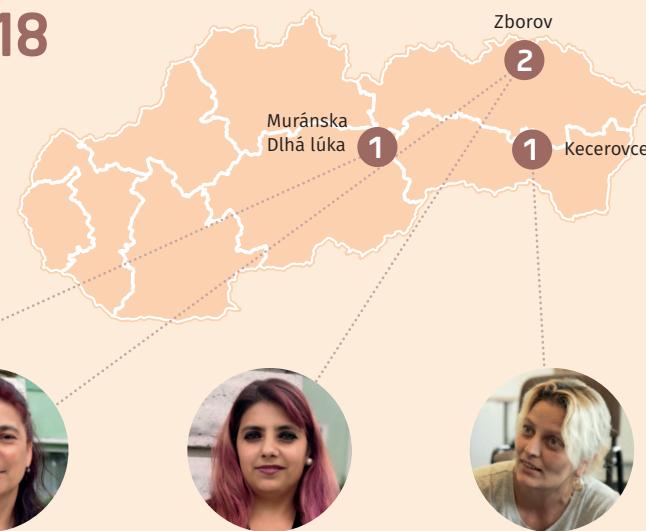
*Becoming an Omama
has really changed
my life. I finally have
a job and I can help
children from our
settlement to become
successful.*



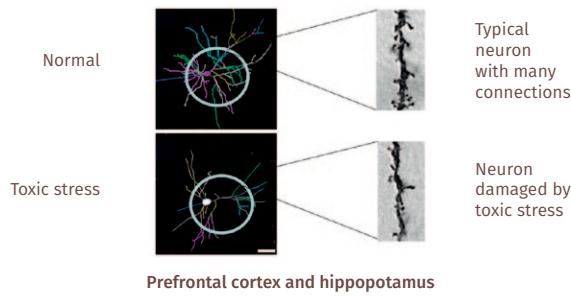
Iveta
Bartošová,
Omama from
Muranska
Dlha Luka



Andrea
Dolgošová,
Kindergarten
Director
in Kecerovce



The constant stress of poverty changes the architecture of children's brain



If a child is faced with intense, frequent or prolonged stress, including the social distress of his or her family, according to scientific findings, his or her brain activates an extended (toxic) stress response that interferes with the development of brain architecture and increases the risk of cognitive disorders. The impact of toxic stress is most critical in early childhood (0 – 3 years), when the highest number of neuronal connections are formed.

In Slovakia, several tens of thousands of children grow up in generational poverty – and thus in an environment with a high risk of toxic stress – especially in marginalised Roma communities. The social situation of families negatively affects the development of these children in a crucial early period, causing a developmental delay, poor results at school and unemployment later in their life.

Omamas stimulate children and help poor parents

In the year 2018, we began the Omama project, in which we selected and employed four women from three Roma settlements-Omamas-and trained them in early-care methods. Every week, Omama visits about 15 poor families (roughly 3 daily) and carries out individual lessons with stimulating activities for children between the ages of 0 and 3 years. Activities stimulate cognitive skills, fine and gross motor skills, and psychosocial development of the child. Omamas shows mothers how to stimulate a healthy development of a child and not to expose him or her to stress. In addition, mothers from every community meet monthly at parenting clubs.

● Cesta von mission

The mission of the Cesta von organization is to help people trapped in generational poverty to become self-sufficient, find employment and a live a decent life.

● Vision of the Omama project

Every child born into poverty will have a chance to build a better foundation in the early years on which he or she can build a successful life later on.

The story of Cesta von 2018

- January – March** preparations for the new Cesta von organization and the launch of its first Omama project
- March 26** Pavel Hrica, Olga Shaw and Hela Hricová sign the founding documents and statutes of the new organization. The Ministry of Interior has formally registered the organization on April 5th.
- April 7** Pavel Hrica runs a half marathon in Prague with the names of more than 130 supporters who donated the first gifts to Cesta von.
- April – June** the team of the organization adds the first Omamas and their mentors. They are joined by the methodologists from the Play wisely program.
- July 12 - 15** the first Omama training in Dargov
- July 22** another wave of donors came as a part of Olga Shaws birthday fundraiser
- August** Omamas recruit children and begin their activities with them in Muránska Dlha Lúka, Kecerovce a Zborov
- August 22 – 23** introductory parent clubs in the first three communities
- August 23 – 26** training in Veľký Slavkov
- September** lessons and parent clubs are up and running
- October 30** distribution of the first collection of toys and clothing
- November 23** the AmCham Charity Thanksgiving Gala Dinner fundraiser for the Omama project
- November 24 – 25** training in Bardejov
- December 1** event for the donors in Klup pod lampou
- December** fundraising initiatives organized by ESET and at the YPO event



Signing of the founding documents of Cesta von



The first training of Omamas and mentors in Dargov



Beginning of lessons in the homes

Our team

Founders and the board

Pavel Hrica, Oľga Shaw
and Helena Hricová

Financial manager

Viera Burešová

Omamas

Viera Kováčová, Alexandra Giňová,
Iveta Bartošová, Denisa Pechová

Mentors

Monika Podolinská,
Katarína Šiňanská, Jana Bayerlová

Methodologists

Hana Ondrušová
(special needs therapist)
Natália Kavecká
(special education teacher)

Collaborating experts

Viki Marcinová
(reading with small children)
Martina Rzymanová
(special education therapist)
Marek Roháček (OZ Návrat director)
Iveta Kovalčíková (Assoc. Professor,
Faculty of Education, University
of Prešov)
Stanislava Šipková (physiotherapist)
Katarína Gromošová
(psychologist, director of Early
Intervention Center Prešov)
Kristína Jančeková (Play Wisely)
Júlia Vráblová
(Slovak as a foreign language)
Aneta Rabadová
(special education therapist)
Nina Kaňuková (psychologist,
Plameniak Center Košice)



Cesta von at the December event with donors in Klub pod lampou

Trainers at parenting meetings

Alexandra Kohutová (psychologist)
Jana Lukáčová (psychologist on
domestic violence)
Peter Orvoš (SLSP, personal finance)
Jana Michalková (breast-feeding)
Iveta Nikitinská (cheap and healthy
use of herbs)
Curaprox employees (dental hygiene
of children)

Our partners

Play Wisely

Združenie pre lepší život

OZ Vyrovnávanie šancí

Cesta von is a member
of the **Bridges from
generational poverty**
network which connects
organizations working
in the excluded Roma
communities.

Cesta von is an
associated member of
the **Association of early
intervention providers
and supporters**.

We would like to thank those who help children get out of the vicious cycle of poverty

TYPE	AMOUNT	NUMBER	SPECIFICATION
Gifts from individuals	32,510 €	910	Average gift of 36 €, gift median of 19 €, 456 donors, of that 93 regular donors
Grants and gifts from legal entities	25,584 €	4	ESET foundation 10,000 €, US Embassy in Slovakia 8,634 €, NF Telekom 5,950 €, Telekom 1,000 €
Government contributions	7,523 €	2	2 contributions from the Labour Office for creating new employment opportunities
Non-financial support		8	Play Wisely, Martinus, Telekom, Accenture, Websupport, Laurinc Studio, Klub pod lampou, Stock Slovensko
Income total	65,617 €		In 2018, the Granvia Foundation and the American Chamber of Commerce in Slovakia pledged their support also for the year 2019.

Aleksieva Nina	Blažejová Zuzana	Čechvalová Lucia	Eder Tomáš	Godány Daniel
Ambróz Milan	Bodnárová Elena	Černák Matej	Ehrenberger Peter	Grace Kay Sprinkel
Antalová Jana	Borovská Lucia	Červeňová Lucia	Enderla Michal	Gúčiková Mirka
Ashford Jana	Borovská Mária	Čuková Soňa	Erdélyi Peter	Guldanová Michaela
Babál Pavel	Borský Martin	Čupka Matúš	Fabian Martina	Guštafík Peter
Babeľová Radka	Bošjak Stanislav	Čurdová Petra	Farárik Peter	Hájková Alžbeta
Bajaníková Mirka and Martin	Bubelíniová Michaela	Dančíková Zuzana	Fedusová Mária	Halász Tomáš
Bakoš Juro	Budajová Ľudmila	Darcovia z 24-hodinovky	Fehérová Lucia	Hanáková Alexandra
Bakoš Lukáš	Budinská Barbora and Peter	Darcovia z raňajok ESET	Ferko Jan	Harvišová Zuzana
Baláz Jozef	Budzák Ján	Darcovia z Vianočného taxíka	Ferková Daša	Hátašová Olga
Balážová Mária	Buncáková Vladimíra	Darcovia z výročia	Filipová Martina	Hennel Jozef
Barboríková Jana	Buraj Ivan	People Elements	Findor Andrej	Hipš Juraj
Bárta Jiří	Burdejová Petra	Daubnerová Lucia	Finka Mário	Hlinka Ctibor
Bédi Peter	Butková Linda	Debnár Matej	Flach Petra	Horňáková Dominika
Bednárik Michaela	Bužek Vlado	Demo Tomáš	Futrikaničová Ivana	Horská Katarína and Martin
Bednáříková Hana	Cicková Veronika	Deščíková Radana	Gajdošová Stanislava	Horváthová Katarína
Benko Martin	Cieff Branislav	Djablik Martin	Gallo Ondrej	Hospůdka Maroš
Bernaťáková Jana	Cocherová Andrea	Doury Lucia	Gardelle Ružena	Hradská Hana
Birošová Janka	Cochová Silvia	Duliaková Zuzana	Gavačová Jana	Hrašková Miriam
Blaha Viktor	Coulton Tom	Durániková Zuzana	Genzorová Katarína	Hrdinová Marta
Blahová Natália	Čápovalová Martina	Ďuricová Smežnáka	Gešo Marek	Hrica Pavel
Blaščák Fedor	Černá Iveta	Durík Matej	Gilanová Veronika	Glezl Andrej

Hrnčiarová Petra
Hromada Juraj
Hudáková Petra
Hurný Juraj
Hvizdoš Rudolf
Hvizdošová Slávka
Hvorecká Radana
Hýroš Nugi
Chlupíková Anna
Chnápková Ľubica
Chován Jorik
Chovanová Vanda
Chvostal František
Ivan Marian
Ivančíková Martina
Ivanová Viktoria
Jakabovič Branislav
Janculová Adriana
Janeček Tomáš
Jánošíková Júlia
Janská Kristýna
Jediná Kristína
Jediný Ladislav
Jendželovská Veronika
Ježík Ivan
Josková Magdaléna
Jurčo Pavol
Jurčo Peter
Kanabová Alena
Kaštílová Viera
Keim Michal
Kejzlarová Miriam
Kellerová Daniela
Kemény Maroš
Kemka Adriana
Kijovská Petra
Kišďurka Mária
Klement Pavel
Klementová Dada
Kmec Radoslav
Kočišová Veronika
Kokavcová Lídia
Kolesárová Martina
Kompasová Ivana
Kontúrová Jana
Kotianovci Juraj and Danka
Kováčiková Martina
Kovalíková Barbora

Kovár Michal
Králová Iva
Kreuterová Michaela
Krížová Marieta
Kroupa Jan
Kršková Michaela
Kubán Pavol
Kuchta Dušan
Kunak Ján
Kunková Silvia
Kuracínová Valová
Miroslava
Kusá Zuzana
Kušnierová Lucia
Kyseľová Ina
Labašová Zuzana
Lacová Danica
Lajtman Miloš
Lavriková Eva
Leskovjanský Marek
Lexmanová Soňa
Liptáková Marta
Lorko Peter
Lukáčová Nikola
Luzsicza Adam
Macaková Jana
Magát Jozef
Machariková Miroslava
and Martin
Majerníková Simona
Majtánová Adriana
Majtánovci Fero, Ľubka
and Matko
Makara Katarína
Marčíš Michal
Marková Lucia
Masaryková Soňa
Matejka Dušan
Maťko and rodičia
Maťko and rodičia
Matušík Ján
Matuška Lukáš
Meško Dušan
Michlíková Helena
Miklasová Jana
Mikolajczyková Eva
Mistrík Martin
Mittelmannová Mirka

Molnárová Iva
Molnárová Slávka
Mráz René
Mroček Matej
Müller Marek
Nagajová Jana
Náther Peter
Nemečkay Peter
Niko Mário
Nováková Petra
Olah Dana
Opravil Zdeněk
Opršal Juraj
Oravcová Mária
Oravec Ivan
Orlovský Ján
Otruba Albín
Ouzká Zuzana
Páleník Ján
Pálešová Barbora
Pálková Rodina
Pašková Lucia
Paulíny Fero
Pechan Daniel
Perhácová Martina
Perignáthová Mária
Petráš Martin
Petrová Adriana
Petrová Martina
Petrová Natália
Pittnerová Anna
Pizano Veronika
Podlesná Anna
Podolinská Monika
Pokojný Peter
Pokorný Ján
Polaček Ivo and Daša
Poláčik Igor
Porubský Marek
Poslušná Monika
Pozdechová Martina
Pružincová Veronika
Psár Marián
Raab Bianchi Elena
Raab Michal
Ráchela Robert
Randziak Peter
Raslavská Ivana

Récky Juraj
Remenárová Lubica
Réveszová Zuzana
Richter Marek
Roháč Dalibor
Rossová Lucia
Roziaková Zuzana
Rusnák Marián
Rusnákovci Peter and
Silvia
Rzentalzewska
Katarzyna
Sedlačko Ondrej
Sepp Martin
Sepp Tomáš
Scháleková Zuzana
Scheller Alena
Schmidt Andrej
Singhoferová Valéria
Slížová Nora
Slováková Martina
Smejkalová Terézia
Smolová Monika
Smrek Ján
Soňa, David and Terezka
Soňa, David and Terezka
Sopóci Patrik
Soták Matúš
Spustová Veronika
Steinemannová Petra
Stracenská Marie
Strečanský Boris
Strýčková Katarína
Svetlanský Ivor
Svrčková Tatiana
Symington-Maar Anna
Šafaříková Kata
Šagát Milan
Šáchová Mirka
Šarinová Ľubica
Šarišský Miroslav
Šarišský Rastislav
Šefčík Jaroslav
Šicková Lucia
Šimek Jakub
Šimeková Daša
Šimko Michal
Šíricová Veronika

Šišková Barbora
Štefancová Gregorová
Dáša
Švancárová Elena
Švecová Janka
Šveda Martin
Šveda Pavol
Švehlík Jan
Tabaková Veronika
Takáčová Zuzana
Thode Keith
Thullnerová Zuzana
Tížiková Nemcová
Renata
Tökölyiová Zuzana
Tomáschová Terézia
Tomeková Natália
Trebatická Barbora
Turán Juraj
Turčanová Katarína
Tužinský Martin
Uhriňáková Júlia
Urban Attila
Vagaská Ivana
Vajda Juraj
Valčková Alena
Vallo Jakub
Vargová Aneta
Vašina Peter
Vaško Richard
Vašková Veronika
Vavreková Viera
Vavrinčík Martin
Vinterová Jana
Vlašičová Jana
Vlčko Alojz
Vlčková Mária
Vnuk Ivan
Volná Jana
Výboštok Ján
Vyskočová Martina
Weibl Gabriel
Weinzweig Ari
Zajac Lukáš
Ziklovci Zuzka and Zbyněk
Zubo Samuel
ANONYMOUS DONORS

Financial statements: Cesta von 2018

BALANCE SHEET

Assets

211 Cash register	391.44 €
221 Bank account	13,447.91 €
315 Claims – DK collection	4,209.01 €
346 Claims – ÚPSVaR	924.77 €
342 Claims – overpaid	7.42 €
Assets total	18,980.55 €

Liabilities

321 Commitments – suppliers	3,605.18 €
331 Commitments – employees	1,422.73 €
336 Commitments – social security	699.71 €
384 Future income	4,388.00 €
472 Social fund	46.09 €
Commitments total	10,161.71 €

Profit: 8,818.84 €

PROFIT AND LOSS REPORT

Expenses

501 Costs of materials	2,855.09 €
512 Travel costs (employees)	2,328.61 €
518 Other services	27,346.25 €
521 Salaries	8,475.67 €
524 Insurance	2,905.25 €
527 Social security	82.10 €
549 Other costs	57.36 €
Expenditures total	44,050.33 €

Revenues

646 Non-financial gifts received	6,299.04 €
662 Gifts received from other organizations	19,985.00 €
663 Gifts received from individual donors	24,673.08 €
691 Subsidies	1,912.05 €
Income total	52,869.17 €

Profit: 8,818.84 €

The above financial information is preliminary and unaudited. Financial statements of Cesta out are verified by the renowned TPA AUDIT, s.r.o., a member of Baker Tilly International. Detailed statements and the auditor's statement for the year can be found on the cestavon.sk website by the end of May of 2019.



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